

Name : Dr. Harprit Kaur
Designation : Professor in Psychology
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UN- External Stress Counsellor for
UN Employees posted in Asia Pacific
and Eastern Europe by
UNDSS/CISMO (2016)

B.A Psychology Honours	GCG, Sector 11 Punjab University, Chandigarh	1993
M.A.	Punjab University, Chandigarh	1995
PG Diploma in Management & Training of Learning Disability	AICTE, Delhi	2001
JRF- NET	UGC	1998
PGIMER, Chandigarh Fellowship for PhD		1997

Degree	Title	Date of Award	University
M.Phil (Clinical Psychology)	Cognitive Behaviour Therapy For Generalized Anxiety Disorder	Sept. 1997	NIMHANS, Bangalore
Ph.D..	Alexithymia in Somatoform Disorders in relation to Social Support, Life events, Coping, Family, & Verbal Fluency	2003	Punjab University, Chandigarh

Designation	Name of Employer	Date of Joining		Reason for Leaving
		Joining	Leaving	
Clinical Psychologist	Chandigarh Administration, Department of Psychiatry, GMCH, Sector 32, Chandigarh	1998	2003	To Join Punjabi University, Patiala.
Lecturer	Department of Psychology, Punjabi University, Patiala	2003		
Professor	Department of Psychology, Punjabi University, Patiala	.2018		Continuing

Teaching Experience: PG classes (in years) 16 years : UG classes (in years) 6 years

Field of Specialization under the subject/Discipline

- (a)...Clinical Psychology.....
- (b).....Applied Counseling.....
- (c) Psychopathology

Provide counseling to students and members of community seeking help in the department 2012 till date for career, mental health, marital health, family adjustment, parenting, relationship issues, etc .

2012 to 2014 provided counselling to couples who seek help at Women Counselling Cell of Punjab Police at Patiala.

Provided Counseling to Police Personnel for enhance job involvement and enhance mental health.

Supervised counselling of PGDCP students (2012 till date)
Talks on AIR (2015, 2019), FM Chicago (2015) and on ZEE Punjabi (2013)
Head of Department: July 2017 to July 2020
Coordinator for UGC-HRDC Punjabi University Patiala ➤ October 2018 ➤ March 2022
Coordinator of Universal Human Values Cell at Punjabi university Patiala

Technical Proficiency

Psycho diagnostics- Clinical use of tests ranging from Wechsler's to TAT to Rorschach.
Psychotherapeutics- Application of CBT, BT, Supportive psychotherapy, marital and sex therapy, play therapy, and counselling.
Rehabilitation and Management of Addiction, chronic illness' & Disabilities Training, Research and Teaching in applied psychology

Professional member of <i>Chandigarh Mental Health Authority, Chandigarh</i> Administration, Chandigarh. (2000-2003)
Psychologist Member of <i>Disability Board (Psychiatric), Chandigarh Administration</i> , Chandigarh. (2000-2003)
Consultant psychologist for <i>Infosys, Mohali</i> for conducting regular Workshops and individual counseling for employees and their families. (2001-2003)
<i>Coordinator</i> in-charge of annual psychological testing & counseling event (<i>PSYCHOFEST</i>) for Punjabi university students and employees; and rural counseling camp (<i>RURALEST</i>) for village- Dehla Sian, for three years (2008, 2009, 2010).
Honorary Counseling at Women Counseling Cell of Punjab Police Patiala (2012 to 2014)
Conducting trainings for " Peer Support Volunteers " for Preventing Farmer Suicides In Punjab at Punjabi University Patiala(2017 to 2019)

Published Work:

- a. Research Papers : 64
 - i) National =48
 - ii) International =16
- b. Conference/Seminar Presentation 82
 - i) National = 29
 - ii) International =36
 - iii) Regional: 17
- c. Books: 01
- d. Chapters in books: 08

R & D Projects: MAJOR PROJECTS

- i) Department of Science & technology, Chandigarh (2000):
'Study of Reasons for Not Seeking Treatment for Substance Abuse in Community'
- ii) ICAR- National Agricultural Science Fund (2016):
'Addressing farmers' suicide issue through Capacity Building of Farming Families'

Invited Talks/Articles

Fifty nine

(at Mussourie, Chandigarh, Patiala, Delhi, Nahan, Ropar, Samana, Pathankot, Mysore, Udhampur, Fatehgarh Sahib, Rajpura, Mohali, Ludhiana, Jammu, Bathinda, Calcutta, Bhiwani)

Talks on AIR (2015, 2019) , FM Chicago (2015) and on ZEE Punjabi (2013)

Students guided/under guidance:

Ph.D. Completed: 09

Ph.D. Ongoing: 08

MPhil . Completed: 07

. Membership of Professional Bodies/Organisations

- ✓ Life Member: Indian Association of Clinical Psychology (PLM 72)
- ✓ Life Member: Association of Clinical Psychologists, Delhi(LM239)
- ✓ Life Member: Indian Academy of Applied Psychology(LM916)
- ✓ Life Member: Somatic Ink Blot Society
- ✓ Life Member: International Association of Holistic Psychology India(JA09AMF016)
- ✓ Life Member: Indian Psychiatric Association – N.Z.
- ✓ Regular Member: National Academy of Psychology(20090002)
- ✓ Life Member: Bharat Psychological Association(LNo.58-8/2008)
- ✓ Professional Member: Rehabilitation Council of India
- ✓ Indian Association for Child and Adolescent Mental Health
- ✓ Member of the World Health Organization's (WHO) Global Clinical Practice Network (GCPN)
- ✓ Certified UN- Advanced Trained Stress Counsellor in Asia Pacific and Eastern Europe by UNDSS/CISMO (2016)

Medals/Awards/Honours/Received

TTTI-IAAP Award by *Indian Association of Applied Psychology* for best PhD work (2004)